

## Subject No. 2

### NURSING FOUNDATION

Total Hours: 45

#### **AIM:**

This course will help the students to develop an understanding of philosophy, objectives and responsibilities of nursing as a profession. This course will give the students clear concepts in the practice of nursing and develop a skill in the nursing profession.

#### **OBJECTIVES:**

At the end of the course the students are able to:

1. Identify professional aspects of nursing.
2. Explain the theories of nursing
3. Identify the ethical aspects of the nursing profession
4. Utilize the steps of the nursing process.
5. Identify the role of the nurse in various levels of health services.
6. Appreciate the significance of quality assurance in nursing.
7. Explain the current trends in Health and Nursing.

#### **COURSE CONTENTS:**

##### **Unit I - Development of Nursing as a Profession:**

- Philosophy. Objectives and responsibilities of a graduate nurse. Trends influencing nursing practice. Expanded role of the nurse. Development of nursing education in India and trends in nursing education.
- Professional organizations, career planning. Code of ethics & professional conduct for nurses. Qualities of nurse evidenced based nursing.

##### **Unit II - Concepts of Health & Illness:**

- Ethical, Legal and other issues. Risk Factors of health and illness. Concepts of health and illness, effects on the person. Stress and adaptation. Wellness and Illness cycle. Health care concepts and nursing care concept. Developmental concepts, needs, roles and problems of the developmental.
- Stages of individual – newborn, infant, toddler, pre-adolescent, adolescent, adulthood, middle-age, old age.
- Role of nurse in Ethical, Legal and other issues.

### **Unit III - Theory of Nursing Practice:**

- Meta paradigm of nursing – characterized by four central concepts i.e. Nurse, Person (client/patient). Health and Environment. Florence Nightingale, Virginia Henderson, Betty Newman, Martha Rogers, Hildegard Paplaue.

### **Unit IV - Nursing Process:**

- Definition, Purpose of nursing process. Assessment; tools for assessment, methods recording. Nursing Diagnosis
- Planning: techniques for planning care, types of care plans.
- Implementation: different approaches to care, organizations and implementation of care, recording.
- Evaluation: tools for evaluation, process of evaluation.
- **Basic knowledge of computer for nurses.**

### **Unit V - Quality Assurance:**

- Quality assurance: nursing standards, nursing audit, total quality Management
- Role of council and professional bodies in maintenance of standards
- Role of nurse in Quality assurance.
- **Introduction to National Accreditation Board for Hospitals and Healthcare (NABH)**

### **Unit VI - Approaches To Health Care:**

- Primary health care concepts: Community oriented nursing, Palliative care. Holistic nursing, Hospice Nursing, Primary nursing, Day care. Family oriented nursing concepts: Problem oriented nursing, Progressive patient care. And Team nursing. Care of terminally ill patient.

## NURSING FOUNDATION

Unit No. & Hrs.	Objectives	Contents		
		Must know 60%	Desirable to know 30%	Nice to know 10%
I (04 hours)	At the end of unit students are able to <b>Knowledge:</b> Understand and explain philosophy, objectives and responsibilities of graduate nurse and Know the professional organization and its working. <b>Skill:</b> Able to write philosophy and objectives of nursing programme. <b>Attitude:</b> Incorporate this knowledge in nursing practice.	<ul style="list-style-type: none"> <li>Philosophy</li> <li>Objectives and responsibilities of a graduate nurse</li> <li>Expanded role of the nurse</li> <li>Code of ethics &amp; professional conduct for nurses. (2 hours)</li> </ul>	<ul style="list-style-type: none"> <li>Development of nursing education in India and trends in nursing education</li> <li>Professional organizations, career planning.</li> <li>Qualities of nurse evidenced based nursing.</li> <li>(1 hour)</li> </ul>	<ul style="list-style-type: none"> <li>Trends influencing nursing practice. (1 hour)</li> </ul>

### Unit I - Development of Nursing as a Profession

Course outcome	Program outcome						
	Clinician/Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1-Illustrate the code of ethics	3	3	3	3	3	3	3
CO2-List down the expanded role of the nurse	3	3	3	3	3	3	3
CO3-Define quality of nursing	3	3	3	3	3	3	3
CO4-Define evidence based practice in nursing and application of EBP in nursing practice	3	3	3	3	3	3	3

CO5-Explain trends in nursing education	3	3	3	3	2	2	2
CO6-Enlist the objectives of graduate nurse and describe the responsibilities of graduate nurse.	3	3	2	2	2	2	2
II (09 hours)	At the end of unit students are able to <b>Knowledge:</b> Understand and describe ethical legal and other issues in the profession and Know concepts of health and illness. <b>Skill:</b> Apply this knowledge in professional practice. <b>Attitude:</b> Incorporate this knowledge for providing optimum care to the client.	<ul style="list-style-type: none"> <li>Ethical ,Legal and other issues</li> <li>Risk Factors of health and illness</li> <li>Concepts of health and illness, effects on the person</li> <li>Stress and adaptation</li> <li>Wellness and Illness cycle.</li> <li>Role of nurse in Ethical, Legal and other issues. <b>(5 hours)</b></li> </ul>	<ul style="list-style-type: none"> <li>Developmental concepts, needs, roles and problems of the developmental stages of individual – newborn, infant, toddler, pre-adolescent, adolescent, adulthood, middle-age, old age. <b>(3 hours)</b></li> </ul>	<ul style="list-style-type: none"> <li>Health care concepts and nursing care concept <b>(1 hours)</b></li> </ul>			
<b>Unit II - Concepts of Health &amp; Illness:</b>							
Course outcome	Program outcome						
	Clinician/Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1- Define health and explain the changing concept of health.	3	2	2	3	3	2	2
CO2- Describe stress and adaptation model.	3	3	3	3	2	3	3

CO3- Enumerate the risk factors causing illness	3	3	2	2	2	3	3
CO4- Describe normal growth of newborn child.	3	3	3	2	3	3	3
CO5-Explain in detail wellness and illness model.	3	3	3	3	3	3	3
CO6-Define health promotion	3	3	2	2	3	2	2
III (8 hours)	At the end of unit students are able to <b>Knowledge:</b> Understand paradigm of nursing bus. <b>Skill:</b> Write nursing process by applying nursing theories and provide care to the client. <b>Attitude:</b> Read different theories of nursing and implement in nursing process.	<ul style="list-style-type: none"> <li>• Meta paradigm of nursing – characterized by four central concepts i.e. Nurse, Person (client/patient). Health and Environment. (2 hours)</li> <li>• Florence Nightingale, Virginia Henderson, Martha Rogers <b>(5 hours)</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Betty Newman</b></li> <li>• <b>Paplua</b> <b>(2 hours)</b></li> </ul>	Historical perspectives & classification of nursing theories <b>(1hour)</b>			
<b>Unit III - Theory of Nursing Practice:</b>							
Course outcome				Program outcome			
	Clinician/Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1- Define Nursing Theory, explain the need of Nursing Theory.	3	3	3	3	3	3	3
CO2- Enlist the different kind of nursing theories	3	3	2	3	3	3	3

CO3- Application of Nursing theory in clinical practice	3	3	3	3	3	3	3
CO4- List down the types of nursing theories.	3	3	2	3	2	2	3
CO5-Explain the self-care deficit theory of nursing	3	3	2	3	3	3	2
CO6-Describe the major concept of nightingale's theory.	3	3	3	3	3	3	3
IV (10 hours)	At the end of unit students are able to <b>Knowledge:</b> Define nursing process. and Understand & describe importance of nursing process. <b>Skill:</b> Apply nursing process in day today's work. <b>Attitude:</b> Recognizes importance of evaluation of nursing care.	<ul style="list-style-type: none"> <li>• Definition, Purpose of nursing process.</li> <li>• Assessment; tools for assessment, methods recording</li> <li>• Nursing Diagnosis</li> <li>• Planning: techniques for planning care, types of care plans.</li> <li>• Implementation: different approaches to care, organizations and Implementation of care, recording. (7 hours)</li> </ul>	Evaluation: tools for evaluation, process of evaluation. <b>Basic knowledge of computer for nurses.</b> (3 hours)	IV (10 hours)			
<b>Unit IV - Nursing Process:</b>							
Course outcome	Program outcome						
	Clinician/Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher

	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1- Define nursing process and explain sources of data in detail	3	3	3	3	3	3	3
CO2- Define mind mapping nursing	3	3	3	3	3	3	3
CO3- Explain in detail about implementation process.	3	3	3	3	3	3	3
CO4- Define evaluation and explain the evaluation process.	3	3	3	3	3	3	3
CO5- Define planning in nursing care	3	3	3	3	3	3	3
CO6- Illustrate about methods of data collection in nursing process	3	3	3	3	3	3	3
CO7- Explain the nursing diagnostic process.	3	3	3	3	3	3	3
V (06 hours)	At the end of unit students are able to <b>Knowledge:</b> Understand and describe important of quality assurance in nursing and role of a statutory bodies. <b>Attitude:</b> Maintains quality standards and contributing improving quality care.		<ul style="list-style-type: none"> <li>• Quality assurance: nursing standards, nursing audit, total quality Management</li> <li>• Role of nurse in Quality assurance</li> </ul> (3hours)		<ul style="list-style-type: none"> <li>• Role of council and professional bodies in maintenance of standards.</li> <li>• <b>Introduction to National Accreditation Board for Hospitals and Healthcare (NABH)</b></li> </ul> (3 hours)		
<b>Unit V - Quality Assurance:</b>							
Course outcome		Program outcome					

	Clinician/Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1- Enlist the benefits of NABH	3	3	3	3	3	3	3
CO2- List down the objectives of SNA.	3	3	2	2	2	2	2
CO3- Define nursing standards.	3	3	3	3	3	3	3
CO4- Describe the characteristics of nursing standard.	3	3	3	3	3	3	3
CO5- Define nursing audit	3	3	3	3	3	3	3
CO6- Enlist advantage and disadvantage of nursing audit.	3	3	3	3	3	3	3
VI (8 hours)	At the end of unit students are able to <b>Knowledge:</b> Understand and describe various methods and approaches to nursing care. <b>Skill:</b> Apply this knowledge in selecting appropriate care to the client. <b>Attitude:</b> Incorporate this knowledge in professional practice.	<b>Primary health care concepts:</b> <ul style="list-style-type: none"> <li>Community oriented nursing.</li> <li>primary nursing</li> <li>holistic nursing</li> <li>Palliative care</li> <li>Hospice Nursing</li> <li>Problem oriented nursing</li> </ul> Progressive patient care <ul style="list-style-type: none"> <li>Team nursing</li> </ul> <b>(5 hours)</b>	<ul style="list-style-type: none"> <li>Day care</li> <li>Care of terminally ill patient.</li> </ul> <b>(2 hours)</b>	<ul style="list-style-type: none"> <li>Family oriented nursing concepts.</li> </ul> <b>(1 hour)</b>			

<b>Unit VI - Approaches To Health Care:</b>							
Course outcome	Program outcome						
	Clinician/Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1- Define Primary health care.	3	3	3	3	3	2	2
CO2- Explain the role of nurse in community oriented nursing.	3	3	3	3	3	2	2
CO3 –Define team nursing and enlist the merits & demerits of team nursing.	3	3	3	3	3	3	3
C04- Illustrate the palliative care	3	3	3	3	3	3	3
CO5- List down the merits & demerits of case method.	3	3	3	3	3	3	2
CO6- Define primary nursing approach	3	3	3	2	2	3	2