

COMMUNITY HEALTH NURSING

Total Hours: 300

Theory Hours: 60

Clinical Hours: 240

AIM:

The course enables the students to understand the national health care delivery system and to participate in the delivery of community health nursing.

OBJECTIVES:

At the end of course, the students are able to:

1. Explain the concept of various factors contributing to health of individual, family and community.
2. Identify the role of community health nurse.
3. Describe the national health care delivery system.
4. Describe epidemiological methods and principles of prevention and control of illness in the community.
5. Identify the role of personnel working in the community health set up.
6. Plan the work of community health nurse and supervise and train health workers.

COURSE CONTENTS:

Unit I – Introduction:

- Introduction to community health – concepts, principles and elements of primary health care. Introduction to community health nursing. Concepts of community health nursing – community nursing process. Objectives, scope and principles of community health nursing.

Unit II - Family health services:

- Concepts, objectives, scope and principles. Individual, family and community as a unit of service. Principles and techniques of home visiting. Establishing working relationship with family. Working with families with relation to prevention of disease, promotion of health. Care of the sick, physically handicapped and mentally challenged in the home. Surveillance and monitoring. National health planning in India, Five year plan , Various committies

Unit III - Organization and administration of health services in India:

- National health policy. Health care delivery system in India. Health team concept in – Centre, State, District, Urban health & rural health services. System of medicines. Centrally sponsored health schemes. Role of voluntary health organizations and international health agencies. Role of health personnel in the community. Public health legislations.

Unit IV - Health Education:

- Aims, Concepts and scope of health education. National plan for health education. Communication techniques. Methods and media for health education programme. Planning for health education and role of nurse.

Unit V - National health programmes:

- Maternal and child health programmes. RCH and Family welfare and school health services. Occupational health services. Role of the community health nurse as a member of the health team. Training and supervision of health care workers. RNTCP, AIDS, National programme for control of blindness Introduction: Concept, Definition. Types of disaster. Phases of disaster.
- Disaster management: Disaster response, disaster preparedness, and disaster mitigation. Epidemiological surveillance and disease control. Team approach. Intersectoral approach: Vaccination, nutrition, and rehabilitation. Role of NGO. State and central Govt. International help and collaboration.
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Unit VI – Epidemiology:

- Definition, concepts, aims, objectives, methods and principles. Epidemiology theories and models. Application of epidemiology, principles and concepts in community health.

New communicable disease prevention ex. Chicken gunia, swine flue, EBOLA

Unit VII - Biostatics and vital statistics:

- Introduction, definition and scope, legislation. Report, recording and compiling of vital statistics at the local level. Definition and methods of computing vital statistics. Methods of presenting data. Management information services.

COMMUNITY HEALTH NURSING PBBSC FINAL YEAR

Unit No. & Hrs.	Objectives	Contents							
		Must Know		Desirable to Know		Nice to Know			
I (6Hrs)	At the end of unit students are able to Knowledge: Explain the community health nursing and discuss the principles of primary health care. Attitude: Incorporate the principles of primary care in daily practice.	Introduction to: <ul style="list-style-type: none"> Community health – concepts, principles and elements of primary health care. Introduction to community health nursing. (3Hr) Concepts of community health nursing – community nursing process. Objectives, scope and principles of community health nursing. (3 Hrs) 							
Unit:1 Introduction									
Course outcome			Program outcome						
			Clinician/Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
			PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Define community health nursing			2	2	2	2	3	2	2
CO2: Explain the principles of primary health care			2	3	3	2	2	2	2
CO3: List the elements of primary health care.			2	2	2	2	2	2	3
CO4: Describe community nursing process			2	2	2	3	2	2	3

CO5: Explain principles of community health nursing.		2	2	2	2	2	2	2		
CO6: Identify Objectives and scope of community health nursing.		3	2	2	2	2	2	2		
II (8Hrs)	At the end of unit students are able to: Knowledge: Differentiate community health nursing practice from hospital nursing practice. Skill: Provide effective nursing care to the individual and families in community settings. Attitude: Develops working relationship with individuals and families for improving health status.	Family health services: <ul style="list-style-type: none"> • Concepts, objectives, scope and principles. • Individual, family and community as a unit of service. (3 Hr) • Principles and techniques of home visiting. (1Hr) • Care of the sick, physically handicapped and mentally challenged in the home. (1Hrs) 			<ul style="list-style-type: none"> • Establishing working relationship with family. (1Hr) <ul style="list-style-type: none"> • National health planning in India, Five year plan, Various committies • Working with families with relation to prevention of disease, promotion of health. 		<ul style="list-style-type: none"> • Surveillance and monitoring. (1Hr) 			
Unit:2- Family health services										
Course outcome				Program outcome						
				Clinician/Nurse educator	Professional	Communicat	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
CO1: Interpret the Concepts and objectives of Family health services				PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO2: Explain the principles of Family health services				2	2		2	2	2	3
CO3: Explain the principles of home visiting				2	3	2	2	2	3	3
CO4: Describe the principles of bag techniques				2	3	2	2	2	2	2
CO5: Define mental health and explain classifications of mental retardation,				2	2	2	2	2	2	3

prepare nursing care on mentally retarded in community														
CO6: Define handicapped , Recognize the human rights of persons with disabilities								2	2	2	2	2	2	2
CO7: Describe Five year plan in India								2	2		2	2	2	3
CO8:Determine the role of community nurse to prevention of disease and promotion of health.								2	2	3	2	3	2	2
CO9: Explain the levels of surveillance								2	2	2	2	2	2	3
CO10: Demonstrate the community bag techniques								2	2	2	2	2	2	3
III (10Hrs)	At the end of unit students are able to: Knowledge: Discuss the National Health policy, organization and administration of health services in India. Skill: Promotes team building activities and develops dedicated team to provide effective health services. Attitude: Appreciate the importance of contribution of each team member in achieving the goals.	Organization and administration of health services in India: <ul style="list-style-type: none"> Health care delivery system in India.(2 Hrs) Health team concept in – Centre, State, District, Urban health services, rural health services. Role of voluntary health organizations and international health agencies. Role of health personnel in the community. (5 Hr) 			<ul style="list-style-type: none"> System of medicines. Centrally sponsored health schemes. (1 Hr) 		<ul style="list-style-type: none"> National health policy. (1Hr) Public health legislations. (1Hr) 							
Unit-III Organization and administration of health services in India														
Course outcome							Program outcome							
							Clinician/ Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher	
							PO1	PO2	PO3	PO4	PO5	PO6	PO7	

CO1: Define health care delivery system. Explain health care delivery system in India.		2	2	2	2	2	2	3
CO2: Define health team and identify the role of health team worker in centre and state level		2	2	2	2	2	2	3
CO3: Identify the national and international health agencies in India		2	2	2	2	2	2	3
CO4: Enlist the functions of voluntary health organization .		2	3	2	2	2	2	3
CO5: Explain the role of health personal in community		2	2	2	2	2	2	3
CO6: Describe about AYUSH		2	2	2	2	2	2	3
CO7: ,Identify function of directorate general of health services at central level		2	2	2	2	2	2	2
CO8: Describe about National health policy		2	2	2	2	2	2	3
CO9: Recognize Public health legislations.		2	2	2	2	2	2	3
IV (4 Hrs)	At the end of unit students are able to: Knowledge: Understand and discuss the importance and principles of health education. Skill: Plan and provide effective health education to the individuals, families and community. Attitude: Recognize and acknowledge the importance of culture, traditions and habits while providing health education.	Health Education: • Aims, Concepts and scope of health education. (1Hrs) • Methods and media for health education programme. Planning for health education and role of nurse. (1Hr)			• Communication techniques. (1Hr)	• National plan for health education. (1Hr)		
Unit:IV Health Education								
Course outcome				Program outcome				

		Clinician/Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher	
		PO1	PO2	PO3	PO4	PO5	PO6	PO7	
CO1: Define Health Education , Identify aims of health education		2	2	2	2	2	2	2	
CO2: Restate scope of health education		2	2	3	2	2	2	2	
CO3: Explain the principles of health education and Identify the methods of health education in community		2	2	2	2	2	2	2	
CO4: Identify role of nurse in health education		2	2	2	3	2		3	
CO5: Define communication and Explain communication techniques.		2	2	2	2	2	2	2	
CO6: Explain the barriers of communication.		2	2	2	3	3	3	2	
CO7: Determine national plan for health education		2	2	2	2	3	2	2	
V (17Hrs)	At the end of unit students are able to: Knowledge: Elaborate the role of various categories of nursing personnel in implementing national health programmes. Skill: Participate effectively in implementation on national health programmes. Attitude: Appreciate the importance of inter sectoral coordination in effective implementation of national health programmes.	Role of the community health nurse National health programmes : <ul style="list-style-type: none"> Maternal and child health programmes. (3Hrs), RCH <ul style="list-style-type: none"> Family welfare and school health services. (2Hrs) RNTCP, AIDS, National program me for control of blindness As a member of the health team. (2Hrs) <ul style="list-style-type: none"> Introduction: Concept, Definition. Types 			<ul style="list-style-type: none"> Occupational health services. (3Hrs) Training and supervision of health care workers. (2 Hrs) 			Role of NGO. International assistance and collaboration. <ul style="list-style-type: none"> Epidemiological surveillance and disease control.(1 Hrs) 	

		<p>and phases of disaster (1 hour)</p> <ul style="list-style-type: none"> • Disaster management: Disaster response, disaster preparedness, and disaster mitigation. (1 hours) • Team approach, Intersectoral approach: Vaccination, nutrition, and rehabilitation. • 		
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Unit:V Role of the community health nurse National health programmes

Course outcome	Program outcome						
	Clinician/Nurse educator	professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Define MCH services, Explain maternal morbidity and mortality and their preventive	2	2	2	2	2	2	2
CO2: Define school health ,Identify the Common health problems among school children and explain the Role of community nurse in school Health program.	2	2	2	2	2	2	2
CO3: Describe Training and supervision of health care workers.	2	2	3	3	2	2	2
CO4: Explain National AIDS prevention control policy.	2	2	2	3	2	2	3
CO5: Identify the objectives of Revised national tuberculosis control programme, interpret major challenges in implementation in DOTS under RNTCP	2	2	2	2	2	2	3
CO6: Identify objectives of national programme for control of blindness	2	2	2	2	2	2	3
CO7: Explain national programme for control of blindness	2	2	2	2	2	2	3

CO8: Interpret the role of various categories of nursing personnel in implementing national health programmes.	2	2	2	3	2	2	3
CO3: Explain Disaster management	2	2	2	3	2	2	3
CO4: Recognize the team approach and Intersectoral approach in Disaster management	2	2	2	2	2	2	3
CO5: Recognize role of public health nurse in Disaster management and rehabilitation	2	2	3	2	2	2	3
CO7: Determine Role of NGO in Disaster management	2	2	2	2	2	2	3

VI (9Hrs)	At the end of unit students are able to: Knowledge: Understand the concept of epidemiology and its uses in community health nursing practice. Skill: Apply the knowledge of epidemiology while practicing community health nursing. Attitude: Contribute in research & epidemiological studies.	Epidemiology: • Definition, concepts, aims, objectives, methods and principles. (7Hrs)	Epidemiology theories and model New communicable disease prevention ex. Chicken gunia, EBOLA, Swine Flue . (1Hr)	• Application of epidemiology, principles and concepts in community health.(1Hr)
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Unit:IV Epidemiology

Course outcome

Program outcome

	Clinician/ Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7

CO1: Define Epidemiology, Determine concepts and aims of Epidemiology	2	2	2	2	2	2	2
CO2: Explain methods and principle of Epidemiology	2	2	2	2	2	2	3
CO3: Describe the Germs Theory	2	2	2	2	2	2	3
CO4: Explain preventive measures of chickengunia.	2	2	2	2	2	2	3
CO5: Explain preventive measures of EBOLA and Swine Flu in community	2	2	2	3	2	2	3
CO6: Explain the general uses of epidemiology in community.	2	2	2	2	2	2	3

VII (6Hrs)	At the end of unit students are able to: Knowledge: Understand the meaning and uses of biostatistics and vital statistics. Skill: Maintain the records and reports correctly. Attitude: Appreciate the importance of biostatistics and vital statistics.	<ul style="list-style-type: none"> • Biostatics and vital statistics. • Introduction, definition and scope, legislation. (2Hrs) • Methods of presenting data. (1Hr) 	<ul style="list-style-type: none"> • Report, recording and compiling of vital statistics at the local level.(1Hrs) • Management information services. (1 Hr) 	<ul style="list-style-type: none"> • Definition and methods of computing vital statistics. (1Hr)
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Unit:VII Biostatics and vital statistics

Course outcome	Program outcome						
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	Clinician/Nurse educator	Professional	Communicator	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1:Define Biostatics and vital statistics	2	2	2	2	2	2	2

CO2: Define legislation and explain scope of legislation	2	2	2	2	2	2	2
CO3: Define data, and explain the methods of presentation of statistical data	2	2	2	2	2	2	2
CO4: Describe the different methods of presenting data	2	2	2	2	2	2	2

