

Subject No.2
CLINICAL SPECIALITY- II
MENTAL HEALTH NURSING
(PSYCHIATRIC NURSING)

Total: 1100 Hours

Theory: 150 Hours

Practical: 960 Hours

AIM:

- This course is designed to assist students in developing expertise and in-depth understanding in the field of Psychiatric Nursing. It will help students to develop advanced skills for nursing intervention in various psychiatric conditions. It will enable the student to function as psychiatric nurse practitioner / specialist. It will further enable the student to function as educator, manager, and researcher in the field of Psychiatric nursing.

OBJECTIVES:

At the end of the course the students will be able to:

- Apply the nursing process in the care of ill infants to pre adolescents in hospital and community.
- Demonstrate advanced skills/competence in nursing management of children with medical and surgical problems.
- Recognize and manage emergencies in children.
- Provide nursing care to critically ill children.
- Utilize the recent technology and various treatment modalities in the management of high risk children.
- Prepare a design for layout and describe standards for management of pediatric units/hospitals.
- Identify areas of research in the field of pediatric nursing.
- Identify and manage psychiatric emergencies.
- Demonstrate skills in carrying out crisis intervention.
- Appreciate the legal and ethical issues pertaining to psychiatric nursing.
- Prepare a design for layout and management of psychiatric units.
- Teach psychiatric nursing to undergraduate students & in-service nurses.

COURSE CONTENTS:

Unit I -Principles and Practice of Psychiatric Nursing:

- Review.

Unit II -Crisis Intervention:

- Crisis, Definition
- Phases in the development of a crisis
- Types of Crisis; Dispositional , Anticipated Life Transitions, Traumatic Stress, Maturation/ Development , Reflecting Psychopathology

- Psychiatric Emergencies and their management
- Grief and grief reaction
- Crisis Intervention; Phases
- Post traumatic stress disorder (PTSD)
- Role of the Nurse

Unit III -Anger / Aggression Management:

- Anger and Aggression, Types, Predisposing Factors.
- Management
- Role of the Nurse

Unit IV -The Suicidal Client:

- Epidemiological Factors
- Risk Factors.
 - Predisposing Factors: Theories of Suicide- Psychological, Sociological, Biological.
- Nursing Management.

Unit V -Disorders of Infancy, Childhood, and Adolescence:

- Mentally Challenged.
- Autistic Disorders.
- Attention-Deficit/Hyperactivity Disorder.
- Conduct Disorders, behavioral disorders.
- Oppositional Defiant Disorder.
- Tourette's Disorders
- Separation Anxiety Disorder.
- Juvenile delinquency and its reformations
- Psychopharmacological Intervention and Nursing Management.

Unit VI -Delirium, Dementia, and Amnesic Disorders:

- Delirium
- Dementia
- Amnesia
- Psychopharmacological Intervention and Nursing Management.
- Major Neurocognitive Disorder with Lewy Body Disease, Mild Neurocognitive Disorder, Disinhibited Social Engagement Disorder.

Unit VII -Substance – Related Disorders:

- Substance-Used Disorders.
- Substance-Induced Disorders.
- Classes of Psychoactive Substances.

- Predisposing Factors.
- The Dynamics of Substance-Related Disorders.
- The Impaired Nurse.
- Codependency.
- Treatment Modalities for Substance-Related Disorders and Nursing Management.

Unit VIII –Schizophrenia and other Psychotic Disorders: (check ICD10)

- Nature of the Disorder
- Predisposing Factors
- Schizophrenia-Types
 - Disorganized Schizophrenia.
 - Catatonic Schizophrenia.
 - Paranoid Schizophrenia.
 - Undifferentiated Schizophrenia.
 - Residual Schizophrenia.
- Other Psychotic disorders
 - Schizoaffective Disorder.
 - Brief Psychotic Disorder.
 - Schizophrenic form Disorder.
 - Psychotic Disorder Due to a General Medical Condition.
 - Substance-Induced Psychotic Disorder.
- Treatment and Nursing Management.

Unit IX -Mood Disorders:

- Historical Perspective
- Epidemiology
- The Grief Response
- Maladaptive Responses to Loss
- Types of Mood Disorders
- Depressive disorders.
- Bipolar disorders.
- Disruptive Mood Dysregulation Disorder.
- Treatment and Nursing Management.

Unit X -Anxiety Disorders:

- Historical Aspects
- Epidemiological Statistics
- How much is too much?
- Types

- Panic Disorder
- Generalized Anxiety Disorder
- Phobias
- Obsessive-Compulsive Disorder
- Posttraumatic Stress Disorder
- Anxiety Disorder Due to a General Medical Condition
- Substance-Induced Anxiety Disorder
- Treatment Modalities
- Psycho pharmacology & Nursing Management
- Recent pharmacological and Nursing Management including complimentary therapy

Unit XI -Somatoform and Sleep Disorders:

- Somatoform Disorders
- Historical Aspects
- Epidemiological Statistics
 - Pain Disorder
 - Hypochondriasis
 - Conversion Disorder
 - Body Dysmorphic Disorder
- Sleep Disorder.
- Treatment Modalities and Nursing Management.
- Recent pharmacological and Nursing Management including complimentary Therapy
- Central sleep Apnea and sleep related Hypoventilation

Unit XII -Dissociative Disorders and Management:

- Historical Aspects
- Epidemiological Statistics
- Application of the Nursing Management.
- Treatment Modalities and Nursing Management.
- Recent pharmacological and Nursing Management including complimentary therapy

Unit XIII -Sexual and Gender Identity Disorders:

- Development of Human Sexuality
- Sexual Disorders
- Variation in Sexual Orientation
- Nursing Management

- Recent pharmacological management

Unit XIV -Eating Disorders:

- Epidemiological Factors.
- Predisposing Factors: Anorexia Nervosa and Bulimia Nervosa, obesity
- Psychopharmacology
- Treatment & Nursing Management.
- Recent pharmacological Management

Unit XV -Adjustment and Impulse Control Disorders:

- Historical and Epidemiological Factors.
 - Adjustment Disorders
 - Impulse Control Disorders
 - Internet Addiction Disorder
- Treatment & Nursing Management.

Unit XVI -Medical Conditions due to Psychological Factors:

- Asthma
- Cancer
- Coronary Heart Disease
- Peptic Ulcer
- Essential Hypertension
- Migraine Headache
- Rheumatoid Arthritis
- Ulcerative Colitis
- Treatment & Nursing Management

Unit XVII -Personality Disorders:

- Historical perspectives
- Types of Personality Disorders
 - Paranoid Personality Disorder
 - Schizoid Personality Disorder
 - Antisocial Personality Disorder
 - Borderline Personality Disorder
 - Histrionic Personality Disorder
 - Narcissistic Personality Disorder
 - Avoidance Personality Disorder
 - Dependent Personality Disorder
 - Obsessive-Compulsive Personality Disorder
 - Passive-Aggressive Personality Disorders
- Identification, diagnostic, symptoms

- Psychopharmacology
- Treatment & Nursing Management

Unit XVIII -The Aging Individual:

- Epidemiological Statistics
- Biological Theories
- Biological Aspects of Aging
- Psychological Aspects of Aging
- Memory Functioning
- Socio-cultural aspects of aging
- Special Concerns of the elderly population
- Psychiatric problems among elderly population
- Treatment & Nursing Management

Unit XIX -The person living with HIV Disease:

- Psychological problems of individual HIV / AIDS
- Counseling.
- Treatment & Nursing Management.

Unit XX - Problems Related to Abuse or Neglect:

- Vulnerable groups, Women, Children, elderly, psychiatric patients, under privileged, challenged
- Predisposing Factors.
- Treatment. Nursing management - Counseling.

Unit XXI -Community Mental Health Nursing:

- National Mental Health Program- Community mental health program.
- The changing Focus of care.
- The Public Health Model.
- Case Management.
- The community as Client
 - Primary prevention
 - Populations at Risk.
 - Secondary prevention
 - Tertiary Prevention.
- Community based rehabilitation.

Unit XXII -Ethical and Legal Issues in Psychiatric / Mental Health Nursing:

- Ethical Considerations
- Legal Consideration

- Nurse Practice Acts
- Types of Law
- Classification within Statutory and Common Law
- Legal Issues in Psychiatric/Mental Health Nursing
- Nursing Liability

Unit XXIII -Psychosocial Rehabilitation:

- Principles of rehabilitation
- Disability assessment
- Day care centers
- Half way homes
- Reintegration into the community
- Training and support to care givers
- Sheltered workshops
- Correctional homes.

Unit XXIV – Counseling:

- Liaison psychiatric nursing.
- Terminal illnesses-Counseling
- Post partum psychosis-treatment, care and counseling
- Death dying- Counseling
- Treatment, care and counseling
 - Unwed mothers
 - HIV and AIDS

Unit XXV -Administration and Management of Psychiatric units including emergency units:

- Design & layout
- Staffing
- Equipment, supplies
- Norms, policies and protocols
- Quality assurance
- Practice standards for psychiatric care unit
- Documentation

Unit XXVI -Education and Training in Psychiatric Care:

- Staff orientation, training and development
- In-service education program
- Clinical teaching programs

**CLINICAL SPECIALITY -II
MENTAL HEALTH NURSING
(PSYCHIATRIC NURSING)**

<i>Unit No. & total hours</i>	<i>Objectives</i>	<i>Contents with distributed hours</i>						
I (2 Hours)	<p>At the end of the course the students are able to –</p> <p>Knowledge: Understands and explain the principles of psychiatric nursing.</p> <p>Skill: Practice principles of psychiatric nursing in clinical settings.</p> <p>Attitude: Appreciate importance of principles of psychiatric nursing in different clinical settings.</p>	<p>Principles and practice of Psychiatric nursing:</p> <ul style="list-style-type: none"> ▪ Review. (2 Hours) 						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7

CO1: Apply principles of psychiatric Nursing in various settings.		3	3	3	3	3	3	3
CO2: Review practices of psychiatric Nursing.		3	3	3	3	3	3	3
II (10 Hours)	At the end of the course the students are able to – Knowledge: Understand the importance of crisis intervention. Skill: Identify and recognize the crisis situations. Attitude: Develop interest in understanding treatment modalities and its use in practice.	Crisis Intervention: <ul style="list-style-type: none"> ▪ Crisis, Definition ▪ Phases in the development of a crisis. ▪ Types of Crisis; Dispositional, Anticipated Life Transitions, Traumatic Stress Maturation /Developmental, Reflecting Psychopathology. (1 Hour) ▪ Psychiatric Emergencies and their management (4 Hours) ▪ Grief and grief reaction. (1 Hour) ▪ Crisis Intervention. (2 Hours) ▪ Post-traumatic stress disorder (PTSD). (2 Hours) ▪ Role of the Nurse. 						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Describe Crisis, Definition and phases in the development of a crisis.		3	3	3	3	3	3	3
CO2: Illustrate types of Crisis.		3	3	3	3	3	3	3

CO3: Review psychiatric Emergencies and their management.	3	3	3	3	3	3	3
CO4: Explain grief and grief reaction.	3	3	3	3	3	3	3
CO5: Elaborate the principles and the steps of Crisis Intervention.	3	3	3	3	3	3	3
CO6: Describe the treatment modalities of post-traumatic stress disorder	3	3	3	3	3	3	3
CO7: Enumerate the role of the Nurse in crisis intervention.	3	3	3	3	3	3	3
III (4 Hours)	<p>At the end of the course the students are able to –</p> <p>Knowledge: Understand the concept of anger and aggression and explain its influence on an individual.</p> <p>Skill: Accept and recognize the anger/aggression clients and provide competent care.</p> <p>Attitude: Practices varied methods of managing anger and aggressive behavior of clients.</p>						
Course outcome	<p>Anger / Aggression Management:</p> <ul style="list-style-type: none"> ▪ Anger and Aggression, Types, Predisposing Factors. ▪ Management. ▪ Role of the Nurse. (4 Hours) 						
	Program outcome						

		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Understand the concept of anger and aggression and explain its influence on an individual.		3	3	3	3	3	3	3
CO2: Recognize the anger/aggression clients and provide competent care.		3	3	3	3	3	3	3
CO3: Categorize varied methods of managing anger and aggressive behavior of clients.		3	3	3	3	3	3	3
IV (5 Hours)	<p>At the end of the course the students are able to</p> <p>Knowledge: Understands and explains the etiology for suicide.</p> <p>Skill: Render effective care to the suicidal client in acute and recovery stage.</p> <p>Attitude: Learns different ways of managing frustration and teaches to</p>	<p>The Suicidal Client:</p> <ul style="list-style-type: none"> ▪ Epidemiological Factors ▪ Risk Factors. (2 Hours) ▪ Predisposing Factors: Theories of Suicide- Psychological, Sociological, Biological. ▪ Nursing Management. (3 Hours) 						

	clients.							
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Explain the etiology and risk factors of suicide.		3	3	3	3	3	3	3
CO2: Enumerate epidemiological factors of suicide.		3	3	3	3	3	3	3
CO3: Analyze theories of Suicide- Psychological, Sociological, Biological.		3	3	3	3	3	3	3
CO4: Render effective care to the suicidal client in acute and recovery stage.		3	3	3	3	3	3	3
CO5: Plan nursing Management for client with attempted suicide.								
V (5 Hours)	At the end of the course the students are able to Knowledge: Describe various	Disorders of Infancy, Childhood, and Adolescence: <ul style="list-style-type: none"> ▪ Mentally Challenged. (1 Hour) ▪ Autistic Disorders. Attention-Deficit/Hyperactivity Disorder. (1 Hour) 						

	<p>psychiatric disorders of infancy, childhood and adolescence.</p> <p>Skill: Identify and render comprehensive care to children suffering from various childhood and adolescent disorders.</p> <p>Attitude: Takes initiative in pre conceptual counseling.</p>	<p>Conduct Disorders, behavioral disorders. (1 Hour)</p> <ul style="list-style-type: none"> ▪ Oppositional Defiant Disorder. (1 Hour) ▪ Tourette's Disorders ▪ Separation Anxiety Disorder ▪ Juvenile delinquency and its reformations(1 Hour) ▪ Psychopharmacological Intervention and Nursing Management. 					
Course outcome	Program outcome						
	Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Explain the management of Mentally Challenged.	3	3	3	3	3	3	3
CO2: Illustrate the characteristics of Autistic Disorders.	3	3	3	3	3	3	3
CO3: Elaborate the features of Attention-Deficit/Hyperactivity Disorder.	3	3	3	3	3	3	3
CO4: Describe the significance of Conduct	3	3	3	3	3	3	3

Disorders, behavioral disorders.							
CO5: Illustrate the features of Oppositional Defiant Disorder.		3	3	3	3	3	3
CO6: Explain about Tourette's Disorders		3	3	3	3	3	3
CO7: Review the significance of Separation Anxiety Disorder		3	3	3	3	3	3
CO8: Analyze Juvenile delinquency and its reformations		3	3	3	3	3	3
CO9: Identify and render comprehensive care to children suffering from various childhood and adolescent disorders.		3	3	3	3	3	3
VI (5 Hours)	<p>At the end of the course the students are able to</p> <p>Knowledge: Understand stages of dementia & explains the difference between dementia and delirium.</p> <p>Skill: Identify clients with memory disturbances & render them effective care.</p> <p>Attitude: Cultivate an empathetic view about clients & strive for making them independent.</p>	<p>Delirium, Dementia, and Amnesic Disorders:</p> <ul style="list-style-type: none"> ▪ Delirium ▪ Dementia ▪ Amnesia (2 Hours) ▪ Psychopharmacological Intervention and Nursing Management. (1 Hour) ▪ Major Neurocognitive Disorder with Lewy Body Disease, Mild Neurocognitive Disorder, Disinhibited Social Engagement Disorder. (2 Hours) 					

Course outcome	Program outcome						
	Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Understand stages of dementia.	3	3	3	3	3	3	3
CO2: Differentiate between dementia and delirium.	3	3	3	3	3	3	3
CO3: Develop a nursing care plan client with Delirium	3	3	3	3	3	3	3
CO4: Develop a nursing care plan client with dementia	3	3	3	3	3	3	3
CO5: Describe the types of various Amnestic disorders.	3	3	3	3	3	3	3
CO6: Plan psychopharmacological Intervention and nursing management of client with dementia.	3	3	3	3	3	3	3
CO7: Review the features of Major Neurocognitive Disorder with Lewy Body	3	3	3	3	3	3	3

Disease, Mild Neurocognitive Disorder, Disinhibited Social Engagement Disorder.								
VII (10 Hours)	<p>At the end of the course the students are able to</p> <p>Knowledge: Understand different categories of substances abused and their effects on individual, families and society.</p> <p>Skill: Identify substance related disorders among people and practices different treatment modalities to treat and prevent them.</p> <p>Attitude: Participates in awareness campaigns of substance abuse prevention for adolescents and young adults.</p>	<p>Substance – Related Disorders:</p> <ul style="list-style-type: none"> ▪ Substance-Used Disorders. (2 Hours) ▪ Substance-Induced Disorders. ▪ Classes of Psychoactive Substances. ▪ Predisposing Factors. (2 Hours) ▪ The Dynamics of Substance-Related Disorders. (2 Hours) ▪ The Impaired Nurse. (1 Hour) ▪ Codependency. <p>Treatment Modalities for Substance-Related Disorders and Nursing Management.(3 Hours)</p>						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Explain Substance-Used Disorders.		3	3	3	3	3	3	3

CO2: Describe Substance-Used Disorders.	3	3	3	3	3	3	3
CO3: Illustrate the types of Substance-Induced Disorders.	3	3	3	3	3	3	3
CO4: Classify the types of Psychoactive Substances.	3	3	3	3	3	3	3
CO5: Review Predisposing Factors of Substance-Induced Disorders.	3	3	3	3	3	3	3
CO6: Elaborate the Dynamics of Substance-Related Disorders.	3	3	3	3	3	3	3
CO7: Describe significance of The Impaired Nurse.							
CO8: Explain the importance of Codependency.							
CO9: Plan treatment modalities for Substance-Related Disorders and Nursing Management.							
VIII (10 Hours)	At the end of the course the students are able to Knowledge: Understand and explain nature of schizophrenia and other psychotic disorders. Skill: Develop competence in diagnosing different types of schizophrenia and psychotic disorders		Schizophrenia and other Psychotic Disorders: <ul style="list-style-type: none"> ▪ Nature of the Disorder (1Hour) ▪ Predisposing Factors ▪ Schizophrenia-Types (4Hours) <ul style="list-style-type: none"> • Disorganized Schizophrenia. • Catatonic Schizophrenia. • Paranoid Schizophrenia. 				

	<p>and renders competent care to the clients.</p> <p>Attitude: Considers long term financial burden and social stigma experienced by the clients and families while planning rehabilitation of the clients.</p>	<ul style="list-style-type: none"> • Undifferentiated Schizophrenia. • Residual Schizophrenia. ▪ Other Psychotic disorders (4 Hours) <ul style="list-style-type: none"> • Schizoaffective Disorder. • Brief Psychotic Disorder. • Schizophrenic form Disorder. • Psychotic Disorder Due to a General Medical Condition. (1Hour) • Substance-Induced Psychotic Disorder. ▪ Treatment and Nursing Management. (1Hour) 					
Course outcome	Program outcome						
	Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Explain nature of schizophrenia and other psychotic disorders	3	3	3	3	3	3	3
CO2: Classify the types of schizophrenia.	3	3	3	3	3	3	3
CO3: Review the features and management of Disorganized Schizophrenia.	3	3	3	3	3	3	3
CO4: Elaborate the types and management of	3	3	3	3	3	3	3

Catatonic Schizophrenia.								
CO5: Explain Paranoid Schizophrenia.		3	3	3	3	3	3	3
CO6: Illustrate the features and management of Undifferentiated Schizophrenia.		3	3	3	3	3	3	3
CO7: Explain Residual Schizophrenia.		3	3	3	3	3	3	3
CO8: Classify the types of psychotic disorders.		3	3	3	3	3	3	3
CO9: Review the features of Schizoaffective Disorder.		3	3	3	3	3	3	3
CO10: Analyze the features of Brief Psychotic Disorder.		3	3	3	3	3	3	3
CO11: Explain Schizophrenic form Disorder.		3	3	3	3	3	3	3
CO12: Identify the types of Psychotic Disorder Due to a General Medical Condition.		3	3	3	3	3	3	3
CO13: Review the management of Substance-Induced Psychotic Disorder.		3	3	3	3	3	3	3
IX (8 Hours)	At the end of the course the students are able to Knowledge: Understand & explain normal & maladaptive grief	Mood Disorders: <ul style="list-style-type: none"> • Historical Perspective (1Hour) • Epidemiology • The Grief Response (1Hour) • Maladaptive Responses to Loss 						

	<p>responses.</p> <p>Describe various mood disorders their psychodynamics, diagnostic features & treatment modalities.</p> <p>Skill: Recognize patients with mood disorders and render comprehensive care.</p> <p>Attitude: Learns to correlate seasonality and grief with mood disorders.</p>	<ul style="list-style-type: none"> • Types of Mood Disorders (2 Hours) • Depressive disorders. (1Hour) • Bipolar disorders. (1Hour) • Disruptive Mood Dysregulation Disorder. (2 Hours) • Treatment and Nursing Management. 						
Course outcome	Program outcome							
	Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher	
CO1: Understand & explain normal & maladaptive grief responses.	PO1	PO2	PO3	PO4	PO5	PO6	PO7	
CO2: Describe various mood disorders their psychodynamics, diagnostic features.	3	3	3	3	3	3	3	
CO3: Explain the features and management of Depressive disorders	3	3	3	3	3	3	3	

CO4: Explain the nature and management of Mania	3	3	3	3	3	3	3
CO5: Illustrate the characteristics of Bipolar disorders.	3	3	3	3	3	3	3
CO6: Review the management of Disruptive Mood Dysregulation Disorder.	3	3	3	3	3	3	3
CO7: Recognize patients with mood disorders and render comprehensive care.	3	3	3	3	3	3	3
CO8: Correlate seasonality and grief with mood disorders.	3	3	3	3	3	3	3
X (8 Hours)	<p>At the end of the course the students are able to</p> <p>Knowledge: Develop an understanding of constructive and destructive anxiety and different anxiety disorders.</p> <p>Skill: Identify various anxiety disorders among clients.</p> <p>Attitude: Incorporates innovative techniques to combat anxiety.</p>						
Course outcome	<p>Anxiety Disorders:</p> <ul style="list-style-type: none"> ▪ Historical Aspects Epidemiological Statistics ▪ How much is too much? ▪ Types (4Hours) <ul style="list-style-type: none"> • Panic Disorder • Generalized Anxiety Disorder • Phobias • Obsessive-Compulsive Disorder • Posttraumatic Stress Disorder • Anxiety Disorder Due to a General Medical Condition • Substance-Induced Anxiety Disorder ▪ Treatment Modalities (3Hours) ▪ Psycho pharmacology & Nursing Management ▪ Recent pharmacological and Nursing Management including complimentary therapy <p>Historical Aspects. (1h</p>						
	Program outcome						

	Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Explain Historical Aspects Epidemiological Statistics of anxiety disorders.	3	3	3	3	3	3	3
CO2: Describe the importance of How much is too much?	3	3	3	3	3	3	3
CO3: Illustrate the features and management of Panic Disorder	3	3	3	3	3	3	3
CO4: Review the types and management of Generalized Anxiety Disorder	3	3	3	3	3	3	3
CO5: Analyze the types and management of Phobias	3	3	3	3	3	3	3
CO6: Elaborate the features and management of Obsessive-Compulsive Disorder	3	3	3	3	3	3	3
CO7: Identify the etiological factors	3	3	3	3	3	3	3

Posttraumatic Stress Disorder							
CO8: Classify the types of Substance-Induced Anxiety Disorder	3	3	3	3	3	3	3
CO9: Analyze the recent pharmacological and Nursing Management including complementary therapy.	3	3	3	3	3	3	3

Unit No. & total hours	Objectives	Contents with distributed hours						
XI (5 Hours)	<p>At the end of the course the students are able to</p> <p>Knowledge: Understands body-mind Relationship concept & various somatoform disorders that result.</p> <p>Skill: Develops skill in rendering comprehensive care to clients with somatoform disorders.</p> <p>Attitude: Learns to identify and prevent the development of somatoform disorders.</p>	<p>Somatoform and sleep Disorders:</p> <ul style="list-style-type: none"> ▪ Somatoform Disorders (3 Hours) ▪ Historical Aspects <ul style="list-style-type: none"> • Epidemiological Statistics • Pain Disorder • Hypochondriasis • Conversion Disorder • Body Dysmorphic Disorder ▪ Sleep Disorder. (1 Hour) ▪ Treatment Modalities and Nursing Management. ▪ Recent pharmacological and Nursing Management including complimentary Therapy (1 Hour) ▪ Central sleep Apnea and sleep related Hypoventilation 						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Describe the types of Somatoform		3	3	3	3	3	3	3

Disorders and its management.								
CO2: Review historical aspects of somatoform disorders.		3	3	3	3	3	3	3
CO3: Recognize the epidemiological statistics of somatoform disorders.		3	3	3	3	3	3	3
CO4: Develop treatment modalities and nursing management of pain disorder.		3	3	3	3	3	3	3
CO5: Review the features of hypochondriasis.		3	3	3	3	3	3	3
CO6: Elaborate the concept of Conversion Disorder		3	3	3	3	3	3	3
CO7: Analyze the characters of Body Dysmorphic Disorder.		3	3	3	3	3	3	3
CO8: Classify the types of sleep disorder and its management.		3	3	3	3	3	3	3
CO9: Plan recent pharmacological and Nursing Management including complimentary Therapy for somatoform disorders.		3	3	3	3	3	3	3
CO10: Analyze the significance of Central sleep Apnea and sleep related Hypoventilation.		3	3	3	3	3	3	3
XII (4	At the end of the course the students are able to Knowledge: Understand; describe cause	Dissociative Disorders and Management: ▪ Historical Aspects (1 Hour)						

Hours)	psychodynamics of dissociative disorder Skill: Renders culturally congruent care to these clients. Attitude: Consider early life experiences of clients to manage stress.	<ul style="list-style-type: none"> ▪ Epidemiological Statistics ▪ Application of the Nursing Management. ▪ Treatment Modalities and Nursing Management. ▪ Recent pharmacological and Nursing Management including complimentary therapy (3 Hours) 						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Understand; describe causes & psychodynamics of dissociative disorders.		3	3	3	3	3	3	3
CO2: Explain historical aspects of dissociative disorders.		3	3	3	3	3	3	3
CO3: Identify the epidemiological statistics of dissociative disorders.		3	3	3	3	3	3	3
CO4: Develop a Nursing care plan for dissociative disorders.		3	3	3	3	3	3	3

CO5: Categorize treatment modalities and nursing management for dissociative disorders.	3	3	3	3	3	3	3
CO6: Plan recent pharmacological and Nursing Management including complimentary therapy for dissociative disorders.	3	3	3	3	3	3	3
XIII (4 Hours)	<p>At the end of the course the students are able to</p> <p>Knowledge: Define and explain various sexual and gender identity disorders.</p> <p>Skill: Diagnose sexual and gender identity disorders and take appropriate action to bring about behavioral changes.</p> <p>Attitude: Establishes a fruitful relationship between normal sexuality and morality.</p>						
Course outcome		Program outcome					
	Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher

	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Define and explain various sexual and gender identity disorders.	3	3	3	3	3	3	3
CO2: Illustrate the stages of development of human sexuality.	3	3	3	3	3	3	3
CO3: Identify the types of variation in Sexual Orientation.	3	3	3	3	3	3	3
CO4: Analyze the features of Hypersexual behavior.	3	3	3	3	3	3	3
CO5: Relate between normal sexuality and morality.	3	3	3	3	3	3	3
CO6: Establish treatment modalities and nursing management of sexual and gender identity disorders.	3	3	3	3	3	3	3
XIV (4 Hours)	<p>At the end of the course the students are able to</p> <p>Knowledge: Describe diagnostic criteria for eating disorders it's management. Skill: Identify & render care to these clients. Attitude: Takes interest in practicing different treatment modalities and alternative therapies while rendering care to clients with eating disorders.</p>						
Course outcome	<p>Eating Disorders:</p> <ul style="list-style-type: none"> ▪ Epidemiological Factors. (1Hour) ▪ Predisposing Factors: Anorexia Nervosa and Bulimia Nervosa, obesity (2Hours) ▪ Psychopharmacology ▪ Treatment & Nursing Management. (1Hour) ▪ Recent pharmacological Management 						
	Program outcome						

		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Describe epidemiological factors of eating disorders.		3	3	3	3	3	3	3
CO2: Explain predisposing factors of Anorexia Nervosa and Bulimia Nervosa, obesity.		3	3	3	3	3	3	3
CO3: Categorize psychopharmacology Treatment & Nursing Management of anorexia nervosa.		3	3	3	3	3	3	3
CO3: Develop psychopharmacology Treatment & Nursing Management for bulimia nervosa.		3	3	3	3	3	3	3
XV (4 Hours)	At the end of course students are able to Knowledge: Describe, illustrate different adjustment and impulse control disorders. Skill: Demonstrates competence in identifying and caring for clients. Attitude: Participates in community awareness campaigns for mental health and mental ill health.	Adjustment and Impulse Control Disorders: <ul style="list-style-type: none"> ▪ Historical and Epidemiological Factors. (3 Hours) <ul style="list-style-type: none"> • Adjustment Disorders • Impulse Control Disorders • Internet Addiction Disorder ▪ Treatment & Nursing Management. (1Hour) 						

Course outcome	Program outcome						
	Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
CO1: Illustrate different adjustment and impulse control disorders.	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO2: Describe historical and epidemiological factors of adjustment and impulse control disorders.	3	3	3	3	3	3	3
CO3: Review the features of Adjustment Disorders and its management.	3	3	3	3	3	3	3
CO4: Recognize the concept of Impulse Control Disorders and its management.	3	3	3	3	3	3	3
CO5: Elaborate the concept of Internet Addiction Disorders and its management.	3	3	3	3	3	3	3

<p>XVI (4 Hours)</p>	<p>At the end of the course students are able to:</p> <p>Knowledge: Understand psychological bases of various medical conditions and their prognosis.</p> <p>Skill: Develops skills in identifying psychological stressors for medical conditions and renders care accordingly.</p> <p>Attitude: Provide psycho-education to clients with medical conditions; help them to identify psychological stressors for these conditions; help them to identify psychological stressors for these conditions.</p>	<p>Medical Conditions due to Psychological Factors:</p> <ul style="list-style-type: none"> ▪ Asthma (1Hour) ▪ Cancer ▪ Coronary Heart Disease ▪ Peptic Ulcer ▪ Essential Hypertension (1Hour) ▪ Migraine Headache ▪ Rheumatoid Arthritis (1Hour) ▪ Ulcerative Colitis ▪ Treatment & Nursing Management (1Hour) 						
<p>Course outcome</p>		<p>Program outcome</p>						
		<p>Clinician/ Nurse educator</p>	<p>Professional</p>	<p>Communicator</p>	<p>Leader and member of the health care team and system</p>	<p>Lifelong learner</p>	<p>Critical thinker</p>	<p>Researcher</p>
<p>CO1: Understand psychological bases of various medical conditions and their prognosis.</p>		<p>PO1</p>	<p>PO2</p>	<p>PO3</p>	<p>PO4</p>	<p>PO5</p>	<p>PO6</p>	<p>PO7</p>
<p>CO2: Describe the nature of Asthma and its</p>		<p>3</p>	<p>3</p>	<p>3</p>	<p>3</p>	<p>3</p>	<p>3</p>	<p>3</p>

treatment modalities.							
CO3: Recognize psychological features of Cancer and its management.	3	3	3	3	3	3	3
CO4: Evaluate the psychological background of Coronary heart disease and its management.	3	3	3	3	3	3	3
CO5: Identify the features of Peptic Ulcer and its management.	3	3	3	3	3	3	3
CO6: Review the psychological concept of Migraine, headache and its management.	3	3	3	3	3	3	3
CO7: Elaborate the features of Rheumatoid Arthritis and its management.	3	3	3	3	3	3	3
CO8: Apply psychological significance of Ulcerative colitis and its management.	3	3	3	3	3	3	3
XVII (8 Hours)	<p>At the end of the course the students are able to</p> <p>Knowledge: Understand the concept of normal & abnormal personality, explain various personality disorders.</p> <p>Skill: Demonstrates competence in indentifying and rendering comprehensive culture care to clients with different personality disorders.</p> <p>Attitude: Take initiative to early</p> <p>Personality Disorders:</p> <ul style="list-style-type: none"> ▪ Historical perspectives (1 Hour) ▪ Types of Personality Disorders (2 Hours) <ul style="list-style-type: none"> • Paranoid Personality Disorder • Schizoid Personality Disorder • Antisocial Personality Disorder • Borderline Personality Disorder • Histrionic Personality Disorder (2 Hours) • Narcissistic Personality Disorder • Avoidance Personality Disorder 						

	diagnose abnormal personality traits in order to prevent them from progressing to personality disorder by prompt intervention.	<ul style="list-style-type: none"> • Dependent Personality Disorder • Obsessive-Compulsive Personality Disorder (2 Hours) • Passive-Aggressive Personality Disorders ▪ Identification, diagnostic, symptoms ▪ Psychopharmacology ▪ Treatment & Nursing Management (1 Hours) 						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Understand the concept of normal & abnormal personality, explain various personality disorders		3	3	3	3	3	3	3
CO2: Analyze the features of Paranoid Personality Disorder and its management.		3	3	3	3	3	3	3
CO3: Describe the natures of Schizoid Personality Disorder and its management.		3	3	3	3	3	3	3
CO4: Explain the aspects of Antisocial Personality Disorder and its management.		3	3	3	3	3	3	3
CO5: Categorize the important features of Borderline Personality Disorder and its treatment modalities.		3	3	3	3	3	3	3
CO6: Review the various aspects of Histrionic		3	3	3	3	3	3	3

Personality Disorder and its management.								
CO7: Identify the main features of Narcissistic Personality Disorder and its management.		3	3	3	3	3	3	3
CO8: Evaluate the nature of Avoidance Personality Disorder and its management.		3	3	3	3	3	3	3
CO9: Identify the aspects of Dependent Personality Disorder and its management.		3	3	3	3	3	3	3
CO10: Explain the aspects of Obsessive-Compulsive Personality Disorder and its management.		3	3	3	3	3	3	3
CO11: Review the nature of Passive-Aggressive Personality Disorders and its management.		3	3	3	3	3	3	3
XVIII (8 Hours)	At the end of the course the students are able to – Knowledge: Understand normal aging process & explain bio-psycho-social Problems of aging. Skill: Demonstrate competence in identifying bio-psycho-social problems of aging & take appropriate action to eliminate suffering. Attitude: Attempt to minimize discomfort	The Aging Individual : <ul style="list-style-type: none"> ▪ Epidemiological Statistics (1 Hour) ▪ Biological Theories (1 Hour) ▪ Biological Aspects of Aging (1 Hour) ▪ Psychological Aspects of Aging ▪ Memory Functioning (1 Hour) ▪ Socio-cultural aspects of aging (3 Hours) ▪ Special concerns of the elderly population ▪ Psychiatric problems among elder.ly population ▪ Treatment & Nursing Management (1 Hour) 						

	due to irreversible problems.							
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Understand normal aging process		3	3	3	3	3	3	3
CO2: Analyze the epidemiological statistics of ageing.		3	3	3	3	3	3	3
CO3: Describe the Biological aspects and Theories of ageing.		3	3	3	3	3	3	3
CO4: Illustrate the Psychological Aspects of Aging		3	3	3	3	3	3	3
CO5: Review the Socio-cultural aspects of aging.		3	3	3	3	3	3	3
CO6: Demonstrate the Special concerns of the elderly population.		3	3	3	3	3	3	3
CO7: Classify Psychiatric problems among elder.ly population and its management.		3	3	3	3	3	3	3

CO8: Develop a treatment & Nursing Management for elderly population.		3	3	3	3	3	3	3
XIX (5 Hours)	At the end of the course the students are able to Knowledge: Illustrate the patho-physiology and psychodynamics due to HIV Disease Skill: Demonstrate effective communication skills through counseling. Attitude: Considers social stigma of the disease, takes initiative to prevent transmission of the disease.	The person living with HIV Disease: <ul style="list-style-type: none"> ▪ Psychological problems of individual HIV / AIDS (2 Hours) ▪ Counseling. (1 Hour) ▪ Treatment & Nursing Management. (2 Hours) 						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Illustrate the patho-physiology and psychodynamics due to HIV Disease.		3	3	3	3	3	3	3
CO2: Demonstrate effective communication skills through counseling.		3	3	3	3	3	3	3
CO3: Identify Psychological problems of individual HIV / AIDS		3	3	3	3	3	3	3

CO4: Establish Treatment & Nursing Management of individual HIV / AIDS.	3	3	3	3	3	3	3	
CO5: Recognize the social stigma of the disease, takes initiative to prevent transmission of the disease.	3	3	3	3	3	3	3	
XX (5 Hours)	<p>At the end of the course the students are able to –</p> <p>Knowledge: Understand the vulnerability of certain groups for neglect and abuse.</p> <p>Skill: Identify the signs of neglect and abuse among the patients encountered in different clinical settings and take appropriate action.</p> <p>Attitude: Indicates awareness of legal Implications of neglect and abuse.</p>							
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Understand the vulnerability of certain groups for neglect and abuse.	3	3	3	3	3	3	3	
CO2: Identify the signs of neglect and abuse	3	3	3	3	3	3	3	

among the patients encountered in different clinical settings								
CO3: Review predisposing factors of neglect and abuse.		3	3	3	3	3	3	3
CO4: Review treatment and nursing management of abuse and neglect.		3	3	3	3	3	3	3
CO5: Analyze the legal Implications of neglect and abuse.		3	3	3	3	3	3	3
CO6: Elaborate the principles of counseling.		3	3	3	3	3	3	3
XXI (7 Hours)	At the end of the course the students are able to – Knowledge: Understand and explain the concept of community mental health nursing and levels of prevention in community mental Health. Skill: Practice case management and applies public health model while rendering mental health care in community. Attitude: Participates in psycho-social and occupational rehabilitation of the chronic mentally ill clients.	Community Mental Health Nursing: <ul style="list-style-type: none"> ▪ National Mental Health Program- Community mental health program. ▪ The changing Focus of care. (1 Hour) ▪ The Public Health Model. ▪ Role of the nurse (2 Hours) ▪ Case Management. (1 Hour) ▪ The community as Client <ul style="list-style-type: none"> • Primary prevention • Populations at Risk. (2 Hours) • Secondary prevention • Tertiary Prevention. ▪ Community based rehabilitation. (1 Hour) 						
Course outcome		Program outcome						

	Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Explain the concept of community mental health nursing and levels of prevention in community mental Health.	3	3	3	3	3	3	3
CO2: Practice case management and applies public health model while rendering mental health care in community. CO3: Explain the importance of National Mental Health Program.	3	3	3	3	3	3	3
CO4: Identify the components of Community mental health program.	3	3	3	3	3	3	3
CO5: Review The changing Focus of care in psychiatry.	3	3	3	3	3	3	3
CO6: Establish The Public Health Model in psychiatry.	3	3	3	3	3	3	3
CO7: Enumerate the role of the nurse in	3	3	3	3	3	3	3

psychiatry.								
CO8: Relate how, The community as Client in psychiatry.		3	3	3	3	3	3	3
CO9: Identify the types of Populations at Risk.		3	3	3	3	3	3	3
CO10: Categorize various types of .Community based rehabilitation		3	3	3	3	3	3	3
XXII (5 Hours)	At the end of the course the students are able to – Knowledge: Explains legal and ethical Considerations in psychiatric nursing. Skill: Renders ethically & legally competent care. Attitude: Appreciates the rights of mentally ill clients.	Ethical and Legal Issues in Psychiatric / Mental Health Nursing: <ul style="list-style-type: none"> ▪ Ethical Considerations ▪ Legal Consideration (1 Hour) ▪ Nurse Practice Acts (1 Hour) ▪ Types of Law ▪ Classification within Statutory and Common Law (1 Hour) ▪ Legal Issues in Psychiatric/Mental Health Nursing (1 Hour) ▪ Nursing Liability (1 Hour) 						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Explains legal and ethical Considerations in		3	3	3	3	3	3	3

psychiatric nursing.								
CO2: Describe Nurse Practice Acts in psychiatry.		3	3	3	3	3	3	3
CO3: Classify the types of Law in psychiatry.		3	3	3	3	3	3	3
CO4: Classify within Statutory and Common Law								
CO5: Analyze the legal issues in Psychiatric/Mental Health Nursing		3	3	3	3	3	3	3
CO6: Review the importance of Nursing Liability.		3	3	3	3	3	3	3
CO7: Appreciates the rights of mentally ill clients.		3	3	3	3	3	3	3
CO8: Renders ethically & legally competent care to mentally ill person.		3	3	3	3	3	3	3
XXIII (5 Hours)	At the end of unit students are able to: Knowledge: Understand various aspect psychosocial rehabilitation of clients with chronic mental illness. Skill: Assess disability and render rehabilitative services in different therapeutic milieu. Attitude: Practice principles of rehabilitation.	Psychosocial rehabilitation: <ul style="list-style-type: none"> ▪ Principles of rehabilitation (1 Hour) ▪ Disability assessment (1 Hour) ▪ Day care centers ▪ Half way homes ▪ Reintegration into the community (1 Hour) ▪ Training and support to care givers ▪ Sheltered workshops (1 Hour) ▪ Correctional homes (1 Hour) 						
Course outcome		Program outcome						

	Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
	PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Understand various aspects of psychosocial rehabilitation of clients with chronic mental illness.	3	3	3	3	3	3	3
CO2: Identify Disability assessment.	3	3	3	3	3	3	3
CO3: Review the principles of Day care centers. CO4: Review the significance of Half way homes.	3	3	3	3	3	3	3
CO5: Analyze how to Reintegrate the mentally ill patients into the community.	3	3	3	3	3	3	3
CO6: Explain the components of Sheltered workshops	3	3	3	3	3	3	3
CO7: Elaborate the significance of Correctional homes.	3	3	3	3	3	3	3
CO8: Identify the components of training and support to care givers.	3	3	3	3	3	3	3
XXIV At the end of unit students are able to:							

(5 Hours)	<p>Knowledge: Understand and explain the importance of counseling in practice of psychiatric nursing while dealing with clients having terminal illness and other social problems.</p> <p>Skill: Develops counseling skills for terminally ill clients.</p> <p>Attitude: Considers social status and cultural background of the clients.</p>	<p>Counseling:</p> <ul style="list-style-type: none"> ▪ Liaison psychiatric nursing. (1 Hour) ▪ Terminal illnesses-Counseling (1 Hour) ▪ Post partum psychosis-treatment, care and counseling (1 Hour) ▪ Death dying- Counseling (1 Hour) ▪ Treatment, care and counseling (1 Hour) <ul style="list-style-type: none"> • Unwed mothers • HIV and AIDS 						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
CO1: Understand and explain the importance of counseling in practice of psychiatric nursing		3	3	3	3	3	3	3
CO2: Describe Liaison psychiatric nursing.		3	3	3	3	3	3	3
CO3: Develops counseling skills for terminally ill clients.		3	3	3	3	3	3	3
CO4: Review Postpartum psychosis and its treatment.		3	3	3	3	3	3	3
CO5: Elaborate treatment, care and counseling		3	3	3	3	3	3	3

for Unwed mothers HIV and AIDS.								
XXV (5 Hours)	At the end of unit students are able to: Knowledge: Understand various needs the psychiatric units. Skill: Manage psychiatric unit effective and efficiently. Attitude: Develops a quality assurance measurement for the psychiatric unit.	Administration and Management of Psychiatric units including emergency units: <ul style="list-style-type: none"> ▪ Design & layout (1 Hour) ▪ Staffing (1 Hour) ▪ Equipment, supplies ▪ Norms, policies and protocols ▪ Quality assurance (1 Hour) ▪ Practice standards for psychiatric care unit (2 Hours) ▪ Documentation 						
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Understand various needs of the psychiatric units.		3	3	3	3	3	3	3
CO2: Identify Staffing pattern in psychiatric unit.		3	3	3	3	3	3	3
CO3: Develop Norms, policies and protocols for psychiatric unit.		3	3	3	3	3	3	3
CO4: Develops a quality assurance measurement the psychiatric unit.		3	3	3	3	3	3	3

CO5: Practice standards for psychiatric care unit	3	3	3	3	3	3	3	
CO6: Establish effective documentation in psychiatric unit.	3	3	3	3	3	3	3	
XXVI (5 Hours)	<p>At the end of unit students are able to:</p> <p>Knowledge: Understand and explain the need for staff development.</p> <p>Skill: Plan staff development Programme for staff nurses.</p> <p>Attitude: Volunteers to provide clinical Teaching to students.</p>							
Course outcome		Program outcome						
		Clinician/ Nurse educator	Professional	Communicat or	Leader and member of the health care team and system	Lifelong learner	Critical thinker	Researcher
		PO1	PO2	PO3	PO4	PO5	PO6	PO7
CO1: Understand and explain the need for staff development.	3	3	3	3	3	3	3	
CO2: Plan staff development Programme for staff nurses.	3	3	3	3	3	3	3	
CO3: Provide clinical Teaching to students.	3	3	3	3	3	3	3	
CO4: Develop In-service education program for	3	3	3	3	3	3	3	

staff nurses.							
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AREA AND DISTRIBUTION OF CLINICAL HOURS:

<i>Sr. No.</i>	<i>Dept / Unit</i>	<i>No. of weeks</i>	<i>Total hours</i>	<i>Sr. No.</i>	<i>Dept / Unit</i>	<i>No. of weeks</i>	<i>Total hours</i>
1	OPD (Neuro and Psychiatric)	3	90	6	Child Psychiatric Unit and Child Guidance Unit	2	60
2	Psychiatric	4	120	7	Community Mental	4	120

	Emergency Unit				Health Unit		
3	De addiction Unit	4	120	8	Family Psychiatric Unit	2	60
4	Chronic Psychiatric Ward	4	120	9	Field Visits	2	60
5	Acute Psychiatric Ward	4	120	10	Rehabilitation Unit	2	60
				11	Post natal Ward	1	30
Total		19	570	Total		13	390
Grand Total						32	960

TEACHING STRATEGY:

Total Hours: 1110

Theory Hours: 150

Clinical Hours: 960

TEACHING METHOD:

- Lectures, Seminars, Case presentation & discussion, Clinical observation & Symbiotic, Interdepartmental Case Discussion (ICDC), Symbiotic Interdepartmental Scientific Activity (SISA) and syndicate journal club.

A.V. AIDS:

- OHP, LCD, Posters, Blackboard, Demonstration

ASSIGNMENTS:

Theory:

Sr. No.	Assignment	No./Quantity	Marks per Assignment	Total Marks
1	Seminar	Four	1X50	200
Total Marks				200

Practical:

Sr. No.	Assignment	No./Quantity	Marks per Assignment	Total Marks
1	Teaching learning module preparation (Group work)	One	1X25	25
2	Case study	One	1X25	25
3	Case presentation	One	1X50	50
4	Nursing Care Plans	One	1X25	25
5	Specific Day Celebration (Group work)	One	1X25	25
6	Clinical Performance Evaluation	One	1X100	100
7	Behavioral Therapy Report	One	1X25	25
8	Group Therapy report	One	1X25	25
9	Family Therapy Report	One	1X25	25
10	Report on management of Psychiatric Unit	One	1X25	25
12	Process recording	One	1X25	25
Total Marks				375

RECOMMENDED BOOKS:

- Frisch and Frich-Psychiatric Mental Health Nursing,.
- Stuart and Laria, Principles and Practice of Psychiatric Nursing.
- Mary C Townsend –“Psychiatric Mental Health Nursing”. Concept of care.
- The ICD 10, Classification of Mental Health and Behavioral disorders, WHO, A.I.T.B.S. Publishers, Delhi
- De Souza Alan ,De Souza A-“National Series –Child Psychiatry”
- Patricia Kennedy ,Ballard –“Psychiatric Nursing Integration of Theory and Practice “
- Shiela M. Sparks, Cynthia M. Jalor-Nursing Diagnosis reference Manual.
- Foundations Journal of Mental Health Nursing.
- Deborah Antai Otoing. “Psychiatric Nursing “Biological and Behavioral Concepts.
- Mary Ann Boyd. “Psychiatric Nursing “Contemporary Practice.
- Kaplan and Sadocks –Synopsis of Psychiatry, 10th Edition, 2007.
- Jiv Vyas and Niraj Ahuja .Text book of Post graduate Psychiatric Volume I and II.
- Phil Barker, Psychiatric and mental health Nursing,.
- Kaplan and Sadock’s, Clinical Psychiatry concise textbook.

