

Number	COMPETENCY The student should be able to	Clinician	Leader and Member of the health care team and system	Communicator	Lifelong learner	Professional	Critical Thinker	Researcher
PSYCHIATRY								
Topic: Doctor patient relationship								
PS1.1	Establish rapport and empathy with patients	3	3	3	3	3	3	3
PS1.2	Describe the components of communication	3	2	3	2	2	2	3
PS1.3	Demonstrate breaking of bad news in a simulated environment	3	3	3	3	3	3	3
PS1.4	Describe and demonstrate the importance of confidentiality in patient encounters	3	3	3	3	3	3	3
Topic: Mental health								
PS2.1	Define stress and describe its components and causes	3	2	2	3	3	3	3
PS2.2	Describe the role of time management, study skills, balanced diet and sleep wake habits in stress avoidance	3	3	2	3	3	3	2
PS2.3	Define and describe the principles and components of learning memory and emotions	3	2	2	3	3	2	3
PS2.4	Describe the principles of personality development and motivation	3	2	2	3	2	2	3
PS2.5	Define and distinguish normality and abnormality	3	2	2	3	3	3	3
Topic: Introduction to psychiatry								
PS3.1	Describe the growth of psychiatry as a medical specialty, its history and contribution to society	3	2	2	2	2	2	3
PS3.2	Enumerate, describe and discuss important signs & symptoms of common mental disorders	3	2	3	3	3	3	3
PS3.3	Elicit, present and document a history in patients presenting with a mental disorder	3	2	2	3	3	3	3
PS3.4	Describe the importance of establishing rapport with patients	3	2	3	3	3	2	3
PS3.5	Perform, demonstrate and document a mental examination	3	2	2	3	3	3	3
PS3.6	Describe and discuss biological, psychological & social factors & their interactions in the causation of mental disorders	3	2	2	3	3	3	3
PS3.7	Enumerate and describe common organic psychiatric disorders, magnitude, etiology and clinical features	3	2	2	3	3	2	3
PS3.8	Enumerate and describe the essential investigations in patients with organic psychiatric disorders	3	2	2	3	3	2	3
PS3.9	Describe the steps and demonstrate in a simulated environment family education in patients with organic psychiatric disorders	3	2	3	3	3	3	3
PS3.10	Enumerate and describe the pharmacologic basis and side effects of drugs used in psychiatric disorders	3	3	3	3	3	2	3
PS3.11	Enumerate the appropriate conditions for specialist referral in patients with psychiatric disorders	3	3	3	3	3	3	3

PS3.12	Describe, discuss and distinguish psychotic & non-psychotic (Mood, Anxiety, Stress related) disorders	3	2	2	3	3	3	3
Topic: Psychotic disorders								
PS4.1	Describe the magnitude and etiology of alcohol and substance use disorders	3	2	2	2	3	2	3
PS4.2	Elicit, describe and document clinical features of alcohol and substance use disorders	3	3	3	3	3	3	3
PS4.3	Enumerate and describe the indications and interpret laboratory and other tests used in alcohol and substance abuse disorders	3	2	2	3	3	2	3
PS4.4	Describe the treatment of alcohol and substance abuse disorders including behavioural and pharmacologic therapy	3	2	2	3	3	2	3
PS4.5	Demonstrate family education in a patient with alcohol and substance abuse in a simulated environment	3	3	3	3	3	2	3
PS4.6	Enumerate and describe the pharmacologic basis and side effects of drugs used in alcohol and substance abuse	3	3	2	3	3	3	3
PS4.7	Enumerate the appropriate conditions for specialist referral in patients with alcohol and substance abuse disorders	3	3	3	3	3	3	3
Topic: Psychotic disorders								
PS5.1	Classify and describe the magnitude and etiology of schizophrenia & other psychotic disorders	3	2	2	2	3	2	3
PS5.2	Enumerate, elicit, describe and document clinical features, positive s	3	3	3	3	3	3	3
PS5.3	Describe the treatment of schizophrenia including behavioural and pharmacologic therapy	3	2	2	2	3	2	3
PS5.4	Demonstrate family education in a patient with schizophrenia in a simulated environment	3	3	3	3	3	3	3
PS5.5	Enumerate and describe the pharmacologic basis and side effects of drugs used in schizophrenia	3	2	2	2	3	2	3
PS5.6	Enumerate the appropriate conditions for specialist referral in patients with psychotic disorders	3	3	3	3	3	3	3
Topic: Depression								
PS6.1	Classify and describe the magnitude and etiology of depression	3	2	2	2	3	2	3
PS6.2	Enumerate, elicit, describe and document clinical features in patients with depression	3	3	3	3	3	3	3
PS6.3	Enumerate and describe the indications and interpret laboratory and other tests used in depression	3	3	2	3	3	2	3
PS6.4	Describe the treatment of depression including behavioural and pharmacologic therapy	3	2	2	3	3	2	3
PS6.5	Demonstrate family education in a patient with depression in a simulated environment	3	2	3	3	3	2	3
PS6.6	Enumerate and describe the pharmacologic basis and side effects of drugs used in depression	3	3	2	3	3	3	3
PS6.7	Enumerate the appropriate conditions for specialist referral in patients with depression	3	3	3	3	3	3	3

Topic: Bipolar disorders								
PS7.1	Classify and describe the magnitude and etiology of bipolar disorders	3	2	2	2	3	2	3
PS7.2	Enumerate, elicit, describe and document clinical features in patients with bipolar disorders	3	3	3	3	3	3	3
PS7.3	Enumerate and describe the indications and interpret laboratory and other tests used in bipolar disorders	3	3	2	3	3	2	3
PS7.4	Describe the treatment of bipolar disorders including behavioural and pharmacologic therapy	3	2	2	3	3	2	3
PS7.5	Demonstrate family education in a patient with bipolar disorders in a simulated environment	3	2	3	3	3	2	3
PS7.6	Enumerate and describe the pharmacologic basis and side effects of drugs used in bipolar disorders	3	3	2	3	3	3	3
PS7.7	Enumerate the appropriate conditions for specialist referral in patients with bipolar disorders	3	3	3	3	3	3	3
Topic: Anxiety disorders								
PS8.1	Enumerate and describe the magnitude and etiology of anxiety disorders	3	2	2	2	3	2	3
PS8.2	Enumerate, elicit, describe and document clinical features in patients with anxiety disorders	3	3	3	3	3	3	3
PS8.3	Enumerate and describe the indications and interpret laboratory and other tests used in anxiety disorders	3	3	2	3	3	2	3
PS8.4	Describe the treatment of anxiety disorders including behavioural and pharmacologic therapy	3	2	2	3	3	2	3
PS8.5	Demonstrate family education in a patient with anxiety disorders in a simulated environment	3	2	3	3	3	2	3
PS8.6	Enumerate and describe the pharmacologic basis and side effects of drugs used in anxiety disorders	3	3	2	3	3	3	3
PS8.7	Enumerate the appropriate conditions for specialist referral in anxiety disorders	3	3	3	3	3	3	3
Topic: Stress related disorders								
PS9.1	Enumerate and describe the magnitude and etiology of stress related disorders	3	2	2	2	3	2	3
PS9.2	Enumerate, elicit, describe and document clinical features in patients with stress related disorders	3	3	2	3	3	3	3
PS9.3	Enumerate and describe the indications and interpret laboratory and other tests used in stress related disorders	3	3	2	3	3	2	3
PS9.4	Describe the treatment of stress related disorders including behavioural and psychosocial therapy	3	2	2	3	3	2	3
PS9.5	Demonstrate family education in a patient with stress related disorders in a simulated environment	3	2	3	3	3	2	3
Topic: Somatoform disorders								
PS10.1	Enumerate and describe the magnitude and etiology of somatoform, dissociative and conversion disorders	3	2	2	2	3	2	3

PS10.2	Enumerate, elicit, describe and document clinical features in patients with somatoform, dissociative and conversion disorders	3	3	3	3	3	3	3
PS10.3	Enumerate and describe the indications and interpret laboratory and other tests used in somatoform, dissociative and conversion disorders	3	3	2	3	3	2	3
PS10.4	Describe the treatment of somatoform disorders including behavioural, psychosocial and pharmacologic therapy	3	3	2	3	3	2	3
PS10.5	Demonstrate family education in a patient with somatoform, dissociative and conversion disorders in a simulated environment	3	3	3	3	3	2	3
PS10.6	Enumerate and describe the pharmacologic basis and side effects of drugs used in somatoform, dissociative and conversion disorders	3	3	2	3	3	3	3
PS10.7	Enumerate the appropriate conditions for specialist referral in patients with somato form dissociative and conversion disorders	3	3	3	3	3	3	3
Topic: Personality disorders								
PS11.1	Enumerate and describe the magnitude and etiology of personality disorders	3	2	2	2	3	2	3
PS11.2	Enumerate, elicit, describe and document clinical features in patients with personality disorders	3	3	3	3	3	3	3
PS11.3	Enumerate and describe the indications and interpret laboratory and other tests used in personality disorders	3	3	2	3	3	2	3
PS11.4	Describe the treatment of personality disorders including behavioural, psychosocial and pharmacologic therapy	3	3	2	3	3	2	3
PS11.5	Demonstrate family education in a patient with personality disorders in a simulated environment	3	3	3	3	3	2	3
PS11.6	Enumerate and describe the pharmacologic basis and side effects of drugs used in personality disorders	3	3	2	3	3	3	3
PS11.7	Enumerate the appropriate conditions for specialist referral	3	3	3	3	3	3	3
Topic: Psychosomatic disorders								
PS12.1	Enumerate and describe the magnitude and etiology of psychosomatic disorders	3	2	2	2	3	2	3
PS12.2	Enumerate, elicit, describe and document clinical features in patients with magnitude and etiology of psychosomatic disorders	3	3	3	3	3	3	3
PS12.3	Enumerate and describe the indications and interpret laboratory and other tests of psychosomatic disorders	3	3	2	3	3	2	3
PS12.4	Describe the treatment of psychosomatic disorders including behavioural, psychosocial and pharmacologic therapy	3	3	2	3	3	2	3
PS12.5	Demonstrate family education in a patient with psychosomatic disorders in a simulated environment	3	3	3	3	3	2	3
PS12.6	Enumerate and describe the pharmacologic basis and side effects of drugs used in psychosomatic disorders	3	3	2	3	3	3	3
PS12.7	Enumerate the appropriate conditions for specialist referral	3	3	3	3	3	3	3
Topic: Psychosexual and gender identity disorders								
PS13.1	Enumerate and describe the magnitude and etiology of psychosexual and gender identity disorders	3	2	2	2	3	2	3
PS13.2	Enumerate, elicit, describe and document clinical features in patients with magnitude and etiology of psychosexual and gender identity disorders	3	3	3	3	3	3	3
PS13.3	Enumerate and describe the indications and interpret laboratory and other tests used in psychosexual and gender identity disorders	3	3	2	3	3	2	3
PS13.4	Describe the treatment of psychosexual and gender identity disorders including behavioural, psychosocial and pharmacologic therapy	3	3	2	3	3	2	3
PS13.5	Demonstrate family education in a patient with psychosexual and gender identity disorders in a simulated environment	3	3	3	3	3	2	3
PS13.6	Enumerate and describe the pharmacologic basis and side effects of drugs used in psychosexual and gender identity disorders	3	3	2	3	3	3	3

PS13.7	Enumerate the appropriate conditions for specialist referral	3	3	3	3	3	3	3
Topic: Psychiatric disorders in childhood and adolescence								
PS14.1	Enumerate and describe the magnitude and etiology of psychiatric disorders occurring in childhood and adolescence	3	2	2	2	3	2	3
PS14.2	Enumerate, elicit, describe and document clinical features in patients with psychiatric disorders occurring in childhood and adolescence	3	3	3	3	3	3	3
PS14.3	Describe the treatment of stress related disorders including behavioural, psychosocial and pharmacologic therapy	3	2	2	3	3	2	3
PS14.4	Demonstrate family education in a patient with psychiatric disorders occurring in childhood and adolescence in a simulated environment	3	2	3	3	3	2	3
PS14.5	Enumerate and describe the pharmacologic basis and side effects of drugs used in psychiatric disorders occurring in childhood and adolescence	3	3	2	3	3	3	3
PS14.6	Enumerate the appropriate conditions for specialist referral in children and adolescents with psychiatric disorders	3	3	3	3	3	3	3
Topic: Mental retardation								
PS15.1	Describe the aetiology and magnitude of mental retardation	3	2	2	2	3	2	3
PS15.2	Describe and discuss intelligence quotient and its measurement	3	2	2	2	3	2	3
PS15.3	Elicit and document a history and clinical examination and choose appropriate investigations in a patient with mental retardation	3	2	2	2	3	2	3
PS15.4	Describe the psychosocial interventions and treatment used in mental retardation	3	2	2	2	3	2	3
Topic: Psychiatric disorders in the elderly								
PS16.1	Enumerate and describe common psychiatric disorders in the elderly including dementia,	3	3	3	3	3	3	3
PS16.2	Describe the aetiology and magnitude of psychiatric illness in the elderly	3	3	2	2	3	2	3
PS16.3	Describe the therapy of psychiatric illness in elderly including psychosocial and behavioural	3	2	2	2	3	2	3
PS16.4	Demonstrate family education in a patient with psychiatric disorders occurring in the elderly in a simulated environment	3	2	3	3	3	2	3
PS16.5	Enumerate the appropriate conditions for specialist referral in psychiatric disorders in the elderly	3	3	3	3	3	3	3
Topic: Psychiatric emergencies								
PS17.1	Enumerate and describe the recognition and clinical presentation of psychiatric emergencies (Suicide, Deliberate Self Harm, Violent behaviour)	3	3	3	3	3	3	3
PS17.2	Describe the initial stabilisation and management of psychiatric emergencies	3	3	3	3	3	3	3
PS17.3	Enumerate the appropriate conditions for specialist referral in patients with psychiatric	3	3	3	3	3	3	3
Topic: Therapeutics								
PS18.1	Enumerate the indications and describe the pharmacology, dose and side effects of commonly use drugs in psychiatric disorders	3	2	2	2	3	2	3
PS18.2	Enumerate the indications for modified electroconvulsive therapy	3	2	3	2	3	2	3
PS18.3	Enumerate and describe the principles and role of psychosocial interventions in psychiatric illness including psychotherapy, behavioural therapy and rehabilitation	3	2	2	2	3	2	3
Topic: Miscellaneous								
PS19.1	Describe the relevance, role and status of community psychiatry	3	3	3	3	3	3	3
PS19.2	Describe the objectives strategies and contents of the National Ment	3	3	2	2	3	2	3
PS19.3	Describe and discuss the basic legal and ethical issues in psychiatry	3	3	2	2	3	3	3

PS19.4	Enumerate and describe the salient features of the prevalent mental health laws in India	3	3	2	2	3	2	3
PS19.5	Describe the concept and principles of preventive psychiatry and mental health promotion (positive mental health); and community education	3	2	2	2	3	2	3
PS19.6	Enumerate and describe the identifying features and the principles of participatory management of mental illness occurring during and after disasters	3	3	3	3	3	3	3
	Column C: K- Knowledge, S – Skill, A - Attitude / professionalism, C- Communication. Column D: K – Knows, KH - Knows How, SH - Shows how, P- performs independently, Column F: DOAP session – Demonstrate, Observe, Assess, Perform.							
	Column H: If entry is P: indicate how many procedures must be done independently for certification/ graduation							