

**Datta Meghe Institute of Higher Education and Research
(Deemed To Be University)**

Smt. Radhikabai Meghe Memorial College of Nursing

Mental Health Week

Date: 07/10/24 to 11/10/24

World Mental Health Day is an international day celebrated on 7th October every year for global mental health education, awareness, and advocacy against social stigma. The overall objective of World Mental Health Day is to raise awareness of mental health issues worldwide and to mobilize efforts to support mental health. The Day provides an opportunity for all stakeholders working on mental health issues to talk about their work, and what more needs to be done to make mental health care a reality for people worldwide.

Theme: 'It is time to prioritize mental health in the work place'



Schedule

Sr. No	Date	Time	Activity	Venue
1	07/10/24	10:00 A.M	Rangoli and Poster Competition	Psychiatric ward AVBRH
2	08/10/24	10:00 A.M	Inaugural Function & Unveiling of Theme Role Play	Psychiatric ward AVBRH
3	09/10/24	11:00 A.M	Pranic Healing Session for Staff Of SRMMCON, SMCON and FNTCN	SRMMCON DMIHER
4	10/10/24	09:00 A.M	Awareness Rally at CHCP Village and Role Play Video-Making (Reel) Competition- Short clips on Mental Health Awareness	Rotha
5	11/10/24	11:00 P.M	Valedictory Function	1 st Year MSC Nursing SRMMCON